

For Parents

Well – Sick

When should your child stay home from day care?

Hygiene guideline for parents



Your efforts make a difference – together we ensure good hygiene



When should your child stay at home?

A sick child must be cared for at home. Your child needs your care, and could infect other children and personnel in day care.

Inform day care in the morning (by telephone) that your child is sick.

If your child becomes sick while at day care

If your child becomes sick during the day, personnel will contact you. You are obligated to come and collect your child.

When can your child return to day care?

The general rule is that a sick child or personnel may not attend day care.

A child with a contagious disease may only return to day care when the child is no longer contagious.

(Overview of specific infectious diseases are found in the Danish Health Authority's recommendations: "Smitsomme sygdomme hos børn og unge" (Infectious diseases in children and young adults), 2013, chapter 8.)

Well – sick

It is always important to assess a child's general condition when determining whether the child is well or sick.

The child is well when

- the child's general condition is unaffected.
- the child does not have a fever.
- the child can participate in normal activities. For example, the child should be able to play outside and to take part in excursions.

The child is sick when

- the child's general condition is affected, e.g. if the child is weak, whiny, restless and/or in tears.
- the child has a fever.
- there is a specific sign of disease, e.g. diarrhoea, vomiting, conjunctivitis with discharge.

Infectious diseases where the child's general condition is unaffected

Many diseases are infectious. To limit the spread of infectious diseases, you may be required to keep your child at home even when your child's general condition is unaffected, e.g. impetigo.

With some diseases, your child may be allowed to attend day care even if there is some risk of infection, e.g. slapped cheek syndrome, hand, foot and mouth disease, cold sores.



Advice and contact

Primarily, personnel in day care will provide you with advice. When in doubt whether your child is well or sick, you can contact your child's general practitioner.

Healthcare consultants and the hygiene consultant in Sønderborg Municipality provide advice to the personnel in day care in accordance with the Danish Health Authority's recommendations regarding infectious diseases.

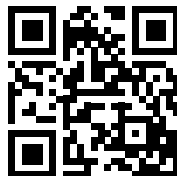
Learn more

Danish Health Authority's recommendations:

“Smitsomme sygdomme hos børn og unge”

(Infectious diseases in children and young adults)

<http://bit.ly/1pKPNkb>



Sønderborg Municipality's guideline:

When is a child well and when is a child sick



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